

CARDIOLOGISTS
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RESPIROLOGISTS
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VITADIAGNOSTICS.CA

# PATIENT PREPARATION

#### WHAT TO BRING:

- · Alberta Health Care card
- · A piece of picture ID (driver's license or passport)
- · A list of all current medications

# ECHOCARDIOGRAM (ECHO), ELECTROCARDIOGRAM (EKG), & HOLTER MONITOR:

Please refrain from wearing any lotions, creams or powders on the day of your exam. You may eat, drink and take all medications as prescribed. We ask that you wear comfortable, loose-fitting clothing. Please try to arrive 10 minutes early.

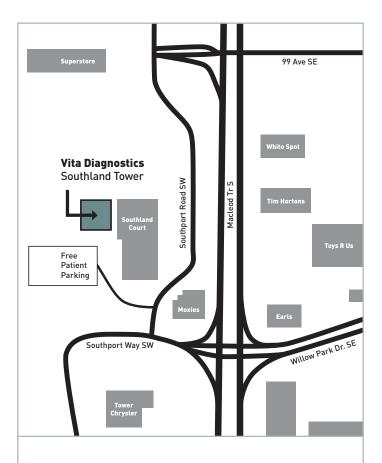
#### **EXERCISE STRESS TESTING:**

For two hours prior to your test, we ask that you do not eat, drink or smoke. Take your usual medications unless otherwise directed by your physician. Bring all of your medications with you in the original bottles. Wear comfortable clothes and shoes that are suitable for walking on a treadmill.

## **PULMONARY FUNCTION TESTING (PFT):**

To prepare for your Pulmonary Function Test we ask that you do not suspend taking your inhaled medication prior to testing unless directed to do so by your medical doctor or our office.

PLEASE BRING A LIST OF ALL CURRENT MEDICATIONS TO YOUR APPOINTMENT.



# **SUITE 1410, 10655 SOUTHPORT ROAD SW**

Vita Diagnostics is located on the 14<sup>th</sup> floor of Southland Tower on the West side of Macleod Trail at 106 Avenue.

## PARKING:

There is free parking as well as handicap accessible stalls located to the west and southwest of the building.

#### TRANSIT:

Our office is one block north of the Anderson LRT station.